



Reminiscence

CARMEL ACADEMY Chalakudy
2014-15





From the Principal's Desk.....

Reminiscence- 2015 showcases the major literary and artistic talents of the inmates of Carmel Academy.

Personal attention to each child has been a major thrust of our school, since its inception. Keeping this motive in mind, our focus is to limit the total strength of each class to the desirable number of 30 – 34. In pursuit of this noble mission, we have also launched a modern-day Gurukula-system, which envisages a total involvement of the faculty-in-charge in her class, even during the recess and free hours. We have initiated the process for ICSE affiliation and ISO certification. The management is all set, to provide the necessary infrastructure, in connection with this.

23rd November, 2014 was a red-letter-day, in the annals of the CMI congregation as its visionary and founder, Fr. Kuriakose Elias Chavara was canonized. Carmel Academy is earnestly striving to uphold the values and the spirit of St. Chavara.

I thank you for all your support. May God bless you!

Rev. Fr. Yesudas Chungath CMI

Message

Carmel Academy with its excellent staff-student relationship, promotes in pupils, the values of honesty, commitment to the welfare of fellow beings and respect to the differences of others. Not only we aspire to make the students active partners in the learning process through a wide variety of activities, but also, to equip them to play a potent role in the society, of which we are all a part.

Prof. Sheela Mathews
Academic Administrator



Message

Hi Friends,

Multifarious changes mark this era. In education too, we see unbelievable changes. Every student, is an individual, a human being with feelings of self respect, sensitivity, responsibility and compassion. This magazine is to be viewed as a launch pad for children's creative urges to blossom, naturally. This humble initiative is to set the budding young minds to roam free, in the world of imagination. This also supports the school spirit which is built up within the school, through the collective actions, thoughts and aspirations. Good Luck !

Jose Dipu (Gr. V-A)
Student Editor





Kum. Neethi Jimson
(Student Gr. III- A)



Mr. Varghese
(Driver)



Mrs. Savitha Paul
(Former Teacher)



Heartfelt
CONDOLENCES

*M*y heart grieves at the thought
The way the Rose and the Jasmine fought;

Said the Rose to the Jasmine,
“Behold, how bright-hued am I.
And the most chosen;
My tender petals give moments of great joy
To butterflies and bumble bees”

Argued the fair flower to the red one;
“Scattering my fragrance and grace
Charming ladies, singing my praises
Adorn themselves with garlands made from me
But your pricking thorns, the mortals, dread ”.

It seemed the peaceful night be ridden of its silence
By the fierce clash of their ego,
Until the bumble bee droned to settle the strife.

“How pretty you both are.....
With your rosy rays filling the day,
And your milky rays, the night,
Mistresses feel proud to wear you both.
Hence, the most sought after, are you both”.

The worldly-wise bumble bee took leave of them
Leaving a gay look on both, who swore to fight no more.

The Most Beautiful

Prof. Sheela Mathews
Academic Administrator

Grandparents are like angels, who take us under their wings. They pray and watch over us and they would give you anything. They are always there for us. They love being with us. I love my grandparents in ways which words can't ever describe. My grandmother's bedtime stories make my nights quiet beautiful.

And my grandfather often picks me from school especially when my mother is late. I think none on this earth would be able to pray for us sincerely and relentlessly as my grandparents do. Grandparents may grow old.

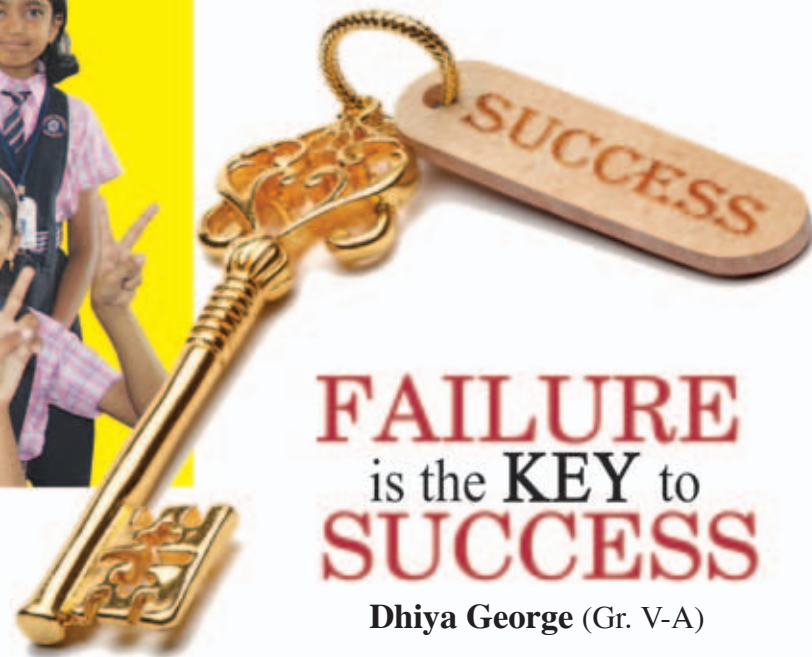
But their love will not grow old. My grandparents are the best people in my life.

They mean the world to me and I love them with all of my heart. Yes, my grandparents are like 'holidays'. I love them and never want to miss them.

Silver HAIR of Golden HEART

Sooraj Sunil (Gr. V-A)





FAILURE is the KEY to SUCCESS

Dhiya George (Gr. V-A)

“Failure is the key to success.” This is a phrase which we all have heard very much. But have you ever thought how? Well I have. I am a student who has really experienced this short phrase in my life. In the academic year 2013-14, during the first term examination, I couldn’t write three exams as I had high fever. It made me very much sad. But I didn’t worry much. But those three days caused a big problem. I had to say goodbye to a thing which I very

much hoped and prayed for. That made me very sad. The embarrassment I had to face was tremendous. Then I decided one thing, that I should try harder when I get next opportunity. So I did try my level best. I had this decision settling firmly in my mind while doing everything. And as a result I regained all that I lost. It made me so happy. I thanked God in all manners. That’s when I realized the meaning of the phrase.

A small failure made me try so hard. Like this, God will give us many troubles in our life. It’s just to make us closer to him and try harder. May be in the first chance, we would not have taken all our effort, but a failure will make us take more effort. So friends, instead of blaming God when something goes wrong, we should try harder.

My MOTHER

Mom you cared for me,
When I was small,
You did your best.
Mom you always care,
Mom you always pray,
And gave me your all.
There is no one like a mother.
This is for ever true.
Dearest mom I love you
I love you very much

Rithunanda P. K.
(Gr. II -A)



Rain

O Rain, O Rain,
I am waiting for you,
Come soon and wet me.
My paper boats are waiting to sail,
My rain coats are ready to wet,
O Rain, O Rain,
I want to play with your drops,
Come soon and wet me.

Abiyah Elizhabeth Mario (Gr. II-A)





Investiture Ceremony

A leader is one who knows the way,
goes the way and shows the way.
Go into the world and do well.....

TALENT DISPLAY

*We are the
Upcoming Masters*





ISRO

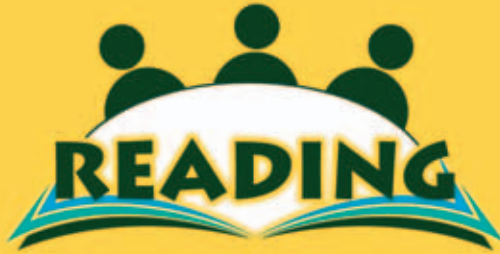
INDIAN SPACE RESEARCH ORGANISATION

AMAZING FACTS



1. Dr. Vikram Sarabhai is considered the father of India's space program.
2. ISRO's last 40 years expenditure is about half of NASA's single year budget.
3. Chandraaan-1 was India's first unmanned lunar probe.
4. First launch vehicles (satellites and rockets) are transported to launch pad using cycles and bullock carts.
5. ISRO (1969) is younger to SUPARCO (1961) (Pakistan's Space Organisation) but successfully launched 65 satellites compared to only 2 by them.
6. ISRO's first satellite, Aryabhata, was launched by the Soviet Union in 1975.
7. ISRO is one of the six space agencies in the world with capability to build and launch satellites from its own soil.
8. BHUVAN is a web based 3D satellite imagery tool similar to Google Earth.
9. SAGA - 220, a super computer developed by ISRO, was the fastest super computer in the world at the time of its launch.
10. ISRO is the first space agency to succeed in MARS mission in the first attempt.
11. ISRO's next major mission is to VENUS by 2015.
12. Aditya-1 is ISRO's mission to SUN
13. AVATAR is a concept reusable space plane being developed by ISRO & DRDO
14. GAGAN is a system designed by ISRO to receive and interpret signals from USA's GPS satellites.
15. India is a member of the United Nations Committee on the peaceful uses of outer space.

Damien Jacob (Gr. III- B)



“ A person who does not read is no better than who cannot.”

Reading at all times is the source of knowledge, moral courage, pleasure and joy. Reading improves our language and writing skills. It has various stages which will make you read more books and increase your knowledge. The daily newspaper and magazines are also sources of reading. Today the world has chosen the new technologies like computers, i-pads & e-reader etc. for reading. This shows the new face of reading. In today's fast moving world reading is decreasing among people. The upcoming generation is mainly involved in video games, social networking and so on. But as many new writers are coming with new and more ideas many people are turning to the world of reading. So reading will never die and we should never allow it to die.

Meera Iswar (Gr. VI -A)



*Every book shines on its own and enlightens the world...
A Journey through the book*

A Requiem

Neethi Jimson

fondly remembered

Torrents of brine, rolling down the cheeks,
With a sorrow-laden heart,
Do I, pen these lines of lament,
For a yet-to-blossom-bud, untimely plucked;

The little angel called away to chant heavenly hymns,
The cute birdie lost in the ever stretching horizon
Never, never again, to return,
Leaving behind a trail of fathomless woe.

The matriarch, a blistered soul, dazed beyond words.
Bearing the never- healing wound and an abyss so deep;
Shattered, paralysed by the gnawing grief, the sire;
A spectacle, melting many a mortal heart.

Along life's journey, sadly missed.
In their lives, no longer to share ;
Carrying the fragrance of her love
Fondly recalled every moment.

Eerie, all-consuming silence, engulfing the household,
Filling the air with stillness, solemn
Except the tick....tick....tick of the timer
Chiming to eternity, driving the inmates, frenzy.

Mysterious, the ways of the Omnipotent and ought not be questioned
Rely on His designs, benevolent and phenomenal;
Never a devotee left in the lurch, exulting days wait ahead
The Lord's covenant still holds good, showing His wondrous love !

Prof. Sheela Mathews
Academic Administrator



ഭാരതം

അമ്മയെന്ന രണ്ടക്ഷരത്തിനുമുപരി
വേറെയെന്തുണ്ട് ഈ ഭൂമിയിൽ
ദുഷ്ടതയാകും ജനത്തിൽനിന്ന്
നമ്മെ കാത്തു സംരക്ഷിക്കാനും ഒരമ്മയുണ്ട്.
അന്ധവിശ്വാസം കവർന്നൊരു
ഭൂമിയിൽ നിന്നും നമ്മെ അകറ്റി
ദൈവമെന്ന ജീവിക്കുന്ന സത്യത്തെ
കാട്ടിത്തരാനും അമ്മയുണ്ട്
ജീവിതം പൊട്ടിമുളയ്ക്കുന്ന
ശൈശവകാലത്ത് തൊട്ടിലാട്ടാനും
ഒരു അമ്മയുണ്ട്
ജീവിതം ഒരു പിടി മണ്ണായി മാറുമ്പോൾ
സ്വർഗ്ഗം തുറക്കാൻ ഒരമ്മയുണ്ട്.
ഇരുളിൽ മെഴുകുതിരിയായി
കത്തിത്തീരാനുമൊരമ്മയുണ്ട്
അത് നിത്യ വിശുദ്ധയാം
പരിശുദ്ധ അമ്മതന്നെ

ദിയ ജോർജ്ജ്
(Gr. V-A)



മാതൃഭാഷയുടെ പ്രാധാന്യം

ജാസ്മിൻ ജോർജ്ജ്

മലയാളം അധ്യാപിക

മലയാളത്തെ ശ്രേഷ്ഠഭാഷാ പദവിയിലേക്കു യർത്തിയതോടെ നമ്മുടെ മാതൃഭാഷയുടെ ഔന്നിത്യം വർദ്ധിച്ചിരിക്കുന്ന സമയമാണിത്. മലയാളിയുടെ മാറിയ അഭിരുചിയും പാശ്ചാത്യ സംസ്കാരത്തോടുള്ള അഭിനിവേശങ്ങളും മാതൃഭാഷയോടുള്ള മനോഭാവത്തിൽ അത്ര അഭിമാനകരമല്ലാത്ത മാറ്റങ്ങൾ ഉണ്ടാക്കിയിട്ടുണ്ട്. എങ്കിലും ഭാഷാസന്നേഹികളുടെയും സാമൂഹ്യ പ്രതിബദ്ധതയുള്ള കലാകാരന്മാരുടെയും പരിശ്രമങ്ങളുടെ ഫലമായി വളരെ ഗുണകരമായ മാറ്റങ്ങൾ മലയാളഭാഷയോടുള്ള സമീപനത്തിൽ നമ്മുടെ സമൂഹത്തിലുണ്ടായിട്ടുണ്ട്. അത് ഇനിയും വികസിച്ച് സമ്പന്നമായ ഒരു ഭാഷാസംസ്കാരത്തിലേക്ക് വളരേണ്ടതുണ്ട്. മലയാളഭാഷയ്ക്ക് ലഭിച്ച ശ്രേഷ്ഠഭാഷാ പദവി, അതിലേക്കുള്ള ഒരു ചുവടുവയ്പാണ് എന്നതിൽ സംശയമില്ല. ഉജ്ജ്വലമായ ഒരു

പാരമ്പര്യവും മഹത്തായ ഒരു സാഹിത്യ പൈതൃകവും നമ്മുടെ ഭാഷയ്ക്കുണ്ട്. സ്വന്തം ഭാഷയെ ബഹുമാനിക്കുന്നത് മാതാവിനെ ബഹുമാനിക്കുന്നതിന് തുല്യമാണ്. ഭാഷയില്ലെങ്കിൽ കലയും, സംസ്കാരവും, പൈതൃകവും ഇല്ലാതാകുന്നു.

ഒരു ഭാഷയ്ക്ക് വംശനാശം വരുമ്പോൾ ഒരു സംസ്കാരം തന്നെയാണ് ഭൂമുഖത്തുനിന്ന് നിർമാർജ്ജനം ചെയ്യപ്പെടുന്നത്. സ്വന്തം ഭാഷയിൽ രചിച്ചപ്പോഴാണ് വ്യാസനും ഷേക്സ്പിയറും ടോൾസ്റ്റോയ്കയും വിശ്വകലാകാരന്മാരായി വളർന്നത്. ജീവിത വിജയങ്ങളുടെ പിന്നാലെ പോകുമ്പോൾ ഭാഷാഭിമാനവും സ്പേണവും കൂടെ കൊണ്ടുപോകാൻ നമുക്ക് കഴിയണം. ഒരു വ്യക്തിയുടെ സാംസ്കാരികമായ വളർച്ചയ്ക്ക് അത് അനിവാര്യമാണ്.

St. Kuriakose Chavara was born on 10th February 1805, of pious and devout Catholic parents of the Syro – Malabar church, at Kainakary, Kerala, India. After his early schooling in the native village and priestly studies under Fr. Thomas Palackal, he was ordained a priest in 1829. In 1831, collaborating with Fr. Thomas Palackal and Fr. Thomas Porukara, he founded the first congregation for men, now known as the Carmelites of Mary Immaculate (CMI). In 1855, Fr. Chavara along with the first members, made the religious profession. In religion, he took the name Kuriakose Elias of the Holy Family.

The congregation started with seven religious houses, with first one at Mannanam. Seminaries, annual retreats, a publishing house, a house for the dying and destitute and schools for general education were a few activities of the congregation. In 1866, with the co-operation of Fr. Leopold Boccara OCD, Fr. Chavara started a congregation for women called the Congregation of the Mother of Carmel (CMC).

St. Chavara has written many books with unique spiritual vision. His counsel to Christian families is given in the “Testament of a loving

father”. Essentially a man of prayer and intense charity, he lived in close communion with the Lord. He was accepted and referred to as a man of God.

In 1871, Fr. Kuriakose Elias Chavara, after a short but painful illness, passed away at Koonammavu preserving his baptismal innocence unto death. In 1889, his mortal remains were transferred from Koonammavu to Mannanam.

The congregation for the causes of saints was introduced on 15th March, 1980. On 07th April 1984, Pope Paul II recognized the heroic virtues of the servant of God and elevated him to the status of venerable. On 1986, during his historic visit to Kottayam, Kerala he raised venerable Kuriakose Chavara to the honours of altar declaring him Blessed. On 23rd November 2014, Blessed Kuriakose Elias Chavara was canonized a saint in St. Peter’s Square at Vatican in Rome.

The journey from **KURIAKOSE** to **St. KURIAKOSE** Elias Chavara

Hannah Elizhabeth
Cheeran Mathew (Gr. V-A)



Laugh a while...



An 80 year old man went to the doctor for his surgery check-up. Having requested him to open his mouth, the doctor asked, “Are your teeth original?” He didn’t seem to understand, so the doctor asked him again, “Do your teeth belong to you?”

“Yes, I have paid for them”, he assured “Now they are mine”.



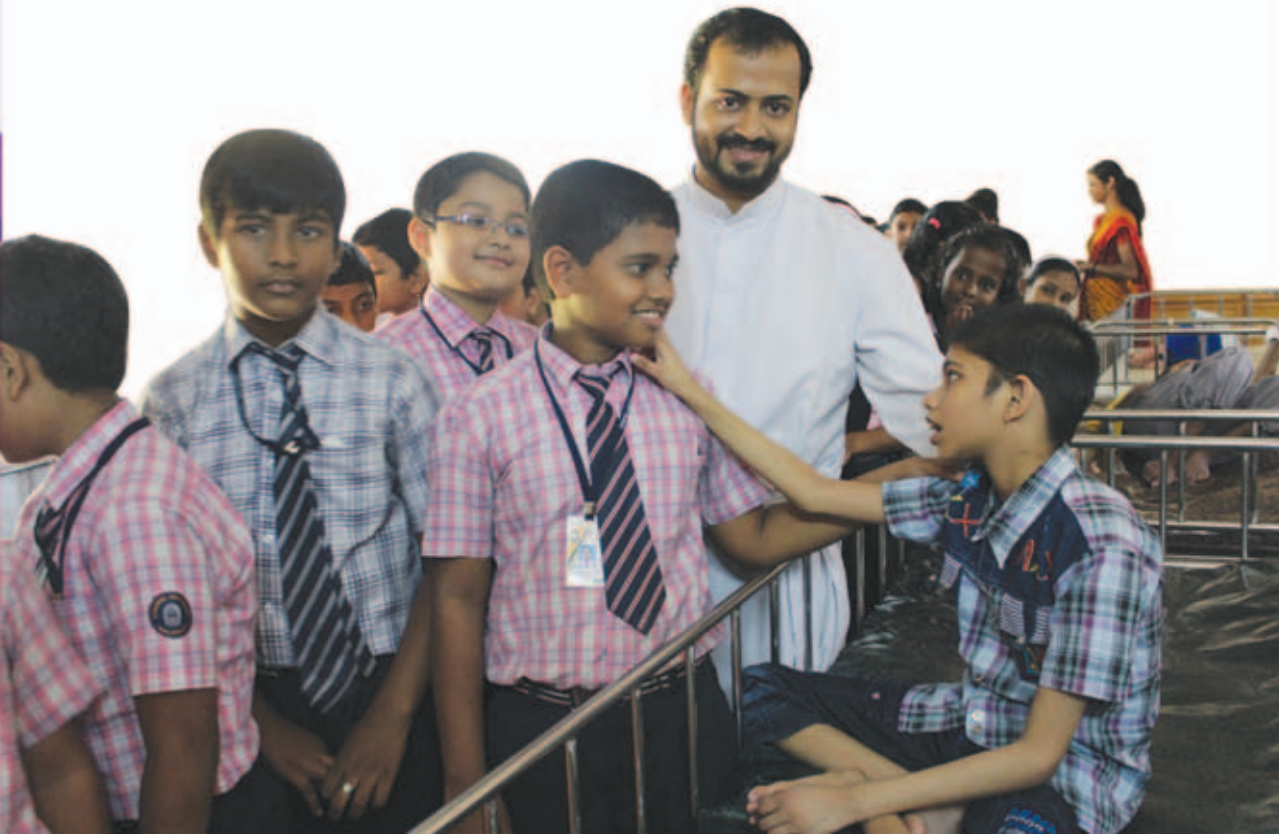
A teacher was teaching four-year-olds at a church. When the teacher asked them what we must do in order to get to heaven. One child answered, “**Die.**”



Using the cellphone to access the internet, a man was plagued by pop-up ads. Blocking them required a confusing process that ended with this confirmation: “Your cellphone number has been added to be removed.”



We rise by
LIFTING OTHERS.....



Ponder it over....

“Friendship is always a sweet responsibility, never an opportunity.”

“It is better to be faithful than famous.”

“A word of encouragement during a failure is worth more than an hour of praise after success.”

“Do apologize when you have been wrong.”

“When we have peace in our hearts and minds, we draw peace into our lives.”

“Education is the most powerful weapon which you can use to change the world.”

“Honest men fear neither the light nor the dark.”

“Ambition is believing in yourself even when no one else in the world does.”

“Challenges makes you more responsible. Always remember that life without struggle is a life without success. Don’t give up and learn not to quit.”

“Life is not a continuum of pleasant choices, but of inevitable problems that call for strength, determination and hard work.”

“Believe in yourself and stand for your dream. Even in the midst of difficult times. You need to maintain the confidence and conviction that you can achieve what you want.”

“Balance, peace and joy are the fruit of a successful life. It starts with recognizing your talents and finding ways to serve others by using them.”

Compiled by
Sowmya Ramkumar
Office Staff



Conservation of Natural Resource

Proper Utilization and management of nature and its resources is termed as conservation. International Union for Conservation of Nature & Natural Resource (IUCN) defines conservation as rational use of environment to provide a high quality of living for the mankind. Conservation is essential for life support systems like air, water, land, flora & fauna, biodiversity and ecosystems. The natural resources like the land, minerals, water vegetation, wildlife and sceneries, remain useful to human society in one way or other. Customarily, natural resources are classified into following three categories:

1. Non-renewable resources like metals (Iron, Copper, Zinc etc.), fossil, fuels (Coal and oil deposits), other minerals and their salts (Phosphates, Nitrates, Carbonates and stone.)
2. Renewable resources such as living resources like fish, forests, crops, wood etc.
3. Unalterable resources

The conservation of wild life includes natural habitats, make them to reproduce & give rise to fertile offspring without human interference.

Forest conservation can be done by preventing fires, reducing deforestation, increasing afforestation and regeneration. Conservation of soil depends upon the maintainance of vegetal cover, terracing, landscape and checking soil erosion. The measures like proper drainage, storage, use of flood control can be taken for conservation of water. Energy conservation requires renewable energy resources. Household energy can be conserved by turning down thermostats, switching off unnecessary light, and using less hot water.

Caring of natural resources and promoting their sustainable use is an essential response of world community to ensure its own survival and well being.

Think and do the eco friendly exercise in life.

Edwin Paul S. Thekkan
(Gr. V- A)

Think

The least important word:-
I (gets the least amount done)

The most important word:-
We (gets the most amount done)

The two most important words:-
Thank You (appreciation)

The three most important words:-
All is forgiven (forgiveness)

The four most important words :-
What is your opinion? (listening)

The five most important words:-
You did a good job (encouragement)

The six most important words :-
I want to know you better (understanding)
Let's build up a strong human relation
And develop qualities that we admire in others.

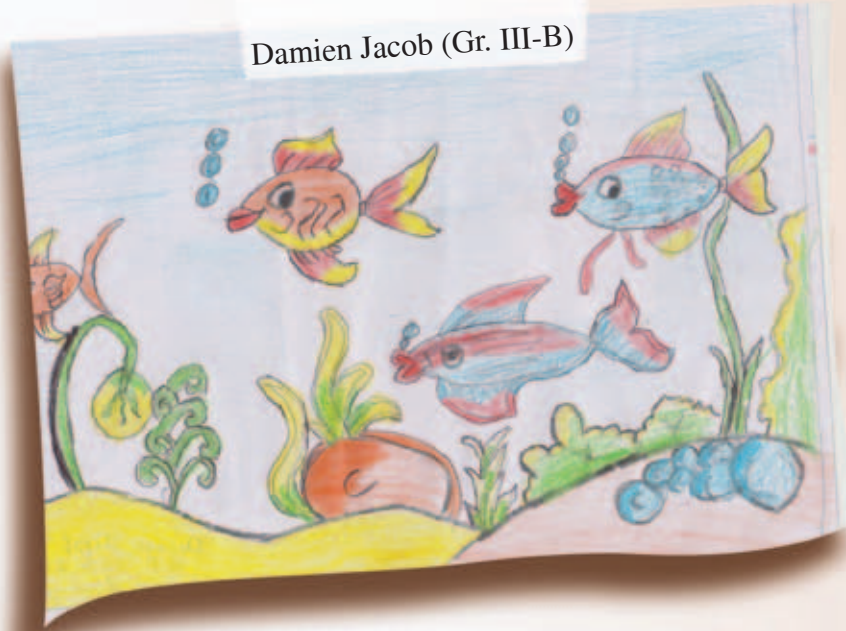
Ms. Seema Ravindranathan
Teacher

REJUVENATING OUR SENSES



My First Step to Picasso

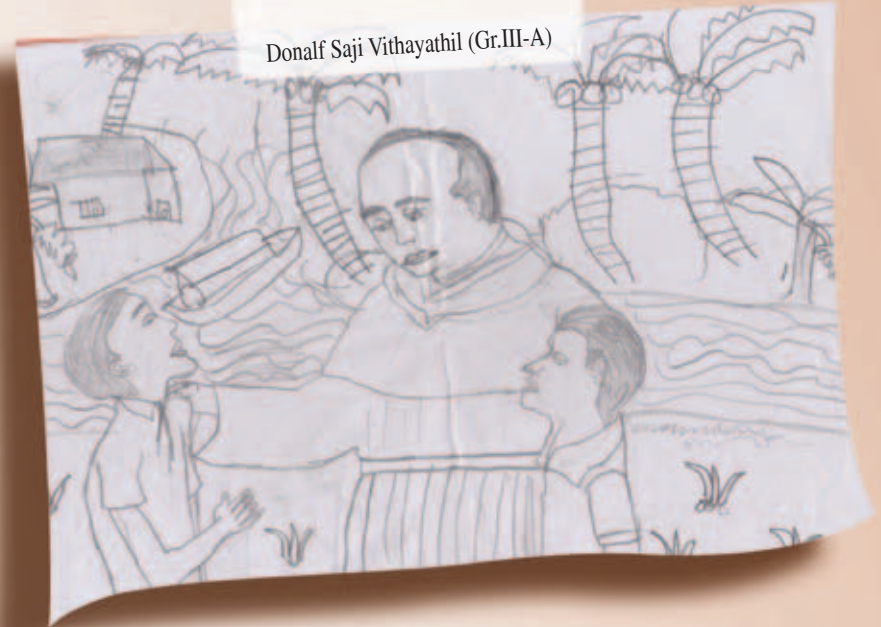
Damien Jacob (Gr. III-B)



Ashima Shibu Gr. (IV-A)



Donalf Saji Vithayathil (Gr.III-A)



Joel Paul Biju (Gr. III-A)



Catherin Maria (Gr. III-B)



Joann Susan Subish (KG. II-B)



PAINTINGS



Congratulations

— Kum. Shivani Saji Kurup of Gr. I-A for having won the 1st prize in the colouring competition of Children's Magazine.

— Mast. Efrain Shiju of KG 1-C for bagging a Consolation prize in the colouring competition of Children's Magazine.

— Kum. Dhiya George of Gr. V-A for winning 10th Rank in Logos Quiz, Group A in the Diocese of Irinjalakuda

— Mast. Damien Jacob of Gr. III-B for winning prize in Crossword Competition conducted in Balarama Childrens Magazine.



Damien Jacob



Dhiya George



Efrain Shiju



Shivani Saji
Kurup

दिल से....

तुम्हारे आने से मेरी ज़िन्दगी रोशन हो गई,
क्या जादू किया तुमने कि, मैं दिवानी हो गई।
कुछ तो बात है तुझमें, जो मैं तेरी कायल हो गई,
ऐसी मोहब्बत हुई तुझसे कि मैं हीर बन गई,
वादा करो न छोड़ोंगे साथ मेरा,
वादा करो मरने के बाद भी साथ दोगें मेरा।

मोहब्बत कुछ ऐसी हुई है तुमसे,
कि पूछो मत ज़िन्दगी रोशन हो गई हैं।
कितना प्यारा ये एहसास है
बस इस एहसास में ज़िन्दगी बीत जाये
मैं और तुम बस यू ही चलते रहे.....
और बस ज़िन्दगी रोशन हो जाये।

सीमा रवीन्द्रनाथन
अध्यापिका

GOD has a PLAN

When something bad happens in our life we all start complaining towards God without realizing His plan for us. Here is a small story showing how concerned our almighty God is towards all little creatures of this world.

Once there were three trees on a hill in the woods. They were discussing their hopes and dreams. When the first tree said, "Someday I hope to be a treasure chest. I could be filled with gold, silver and precious gems. I could be decorated with

intricate carving and everyone would see the beauty".

Then the second tree said, "Someday I will be mighty ship. I will take kings and queens across the waters and sail to the corners of the world. Everyone will feel safe in me because of the strength of my hull."

Finally the third tree said, "I want to grow to be the tallest and straightest tree in the forest. People will see me on top of the hill and look up to my branches, and think of the heavens and God and how close to them I am reaching. I will be the greatest tree of all time and people will always remember me." After a few years of praying that the dreams would come true, a group of woodsmen came upon the trees. When one came to the first tree he said, "This looks like a strong tree, I think I should be able to sell the wood to a carpenter", and he began cutting it down. The tree was happy because he knew that carpenter would make him into a treasure chest. At the second tree the woodsman said, "This look like a strong tree, I should be able to sell it to the shipyard". The second tree was happy because he knew he was on his way to becoming a mighty ship.

When the woodsmen came upon the third tree, the tree was frightened because he knew that if they cut him down, his dreams would not come true. One of the woodsmen said, "I don't need anything special from my tree, I'll take this one," and he cut it down. When the first tree arrived at the carpenter, he was made into a feed box for animals. It was then placed in a barn and filled with hay. This was not at all what he had prayed for. The second tree was cut and made it into a small fishing boat. His dream of being a mighty

ship and carrying kings had come to an end. The third tree was cut into large pieces and left alone in the dark. The years went by, and the trees forgot about their dreams.

Then one day, a man and woman came to the barn. She gave birth to a baby and they placed the baby in the hay in the feed box that was made from the first tree. The tree could feel the importance of this event and knew that it had held the greatest treasure of all time. Years later, a group of men got in the fishing boat made from the second tree. One of them was tired and went to sleep. While they were out in the water, a great storm arose and the tree didn't think it was strong enough to keep the men safe. The men woke the sleeping man, and he stood and said "peace" and the storm stopped. At this time, the tree knew that it had carried the king of kings in its boat.

Finally, someone came and got the third tree. It was carried through the streets as the people mocked the man who was carrying it. When they came to a stop, the man was nailed to the tree and raised in the air to die at the top of a hill. When Sunday came, the tree came to realize that it was strong enough to stand at the top of the hill and be as close to God as possible because Jesus had been crucified on it. The moral of this story is that, when things don't seem to be going your way, always know that God has a plan for you. If you place your trust in Him, He will give you great gifts. Each of the trees got what they wanted, just not in the way they had imagined. We don't always know what God's plans are for us. We just know that His ways are not our ways, but His ways are always best.

Ms F. Merlin Rodrigues
Teacher



My Sister

My sister,
She is like a shining star,
She is so cute and funny.
She reminds me of a playful bunny,
She is the sunshine of my life,
She is the treasure of my life,
My sister,
You are the best gift of my life....

Adona Theres Mario (Gr. IV -A)



A Prayer

Father, we thank thee for the night,
And for the pleasant light;
For the rest and food and loving care,
And all that make the world so fair.
Help us to do the things we should,
To be to others kind and good,
In all we do, at work or play,
To grow more loving every day.

Life is like a game of chess and you play this game with Him (by whatever name). After every move of yours, He makes the next move. Your moves are called “Choices” and His moves are called “Consequences”. You will be tested... You will be challenged.... You will be pushed to the brink. However when you are found to play your game well, He wins by allowing you to win the game.

K. Jessica Joseph (Gr. III-A)

നാസ്തർക

സ്വപ്ന ജോർജ്ജ്

(അധ്യാപിക)

നാസ്തർക,
മഞ്ഞിൽ, തണുപ്പിൽ,
രാത്രിയിൽ, ഉറങ്ങാതെ നാം
വിളവിയ മാനം കൺപാർത്തിരിക്കുന്നു
ഓരോ മഞ്ഞുതുള്ളിയും ഇതളിലടർന്നു വീഴുമ്പോഴും
തൂളുന്നതെ ഒരു കണ്ണീർകണം മാത്രം
നാം ബാക്കിവെച്ചു.

നീളേ, കൊഴിഞ്ഞ മരച്ചില്ലകളിൽ
ശിശിരം ഒരു നോവായ് പടരുന്നു.
വിജനമീ കായൽക്കരയിൽ,
മറയുന്ന ചന്ദ്രനെ നോക്കി
നീ തേടുന്നൊരന്തരാത്മാവിനെ സ്വന്തമാക്കി
ഞാനും സ്ഥിരിച്ചിട്ടെ.

നാസ്തർക,
പതിഞ്ഞ നിൻ പുഞ്ചിരിയിൽ
ഇടുന്ന തേങ്ങാലുകൾ
മൊഴിയാതെ വിടവാങ്ങുന്നു.
ഹൃദയത്തിൽ തടമിട്ട് നാം പാകിയ
ശാന്തമാം കിനാക്കളെ
പതറാതെ, ഒന്നുമഴുകാതെ
സഫലസ്വപ്നങ്ങളാക്കി മാറ്റൂ.

നാസ്തർക,
വിടരുതുമ്പിൾക്കിനി നീ
കാലം പൂമാനം പാകിയാലും
മഴവില്ലിനേഴു വർണ്ണങ്ങൾ വിരിച്ചാലും
നമ്മിലെ സൗമ്യാർദ്ര തുടുപ്പുകളിൽ
തളച്ചിടും നാമി മോഹഭംഗത്തെ.

നാസ്തർക,
പകുത്തുവെച്ചൊരാ ദുഃഖങ്ങളെ മാത്രം
ഓർത്തിരിക്കും ഞാനിനിനാളുകളിൽ
തണുത്ത പ്രാണനിൽ നാം.
തളച്ചിട്ട സ്വപ്നങ്ങൾ കൊളുത്തിവയ്ക്കും
ഒരു മൺ ചിരാതിൽ





HEALTH and HYGIENE

Hygiene and healthy eating habits play a vital role in remaining healthy. In a fast moving world, we also try to make things easier for us. Even our traditional idli, dosa, chapathi etc. have been replaced by noodles, bread and junk food. To remain healthy we should stick on to healthy eating habits as well. The food we eat should contain all the nutrients like protein, vitamin, minerals, carbohydrates, fats, roughage and adequate amount of water.

A few tips to remain healthy.

Replace all junk food with fresh fruits and vegetables.

Have small amount of food at regular intervals

Drink plenty of water daily.

Regular exercise is also essential.

Amal Doji (Gr. III-A)

A sum for you....

Solve this if you are a genius.....

1. If $1 = 2$
 $2 = 10$
 $3 = 30$
 $4 = 68$
 $5 = ?$

2. If $1 = 1$
 $2 = 8$
 $3 = 27$
 $4 = 64$
 $5 = 125$
 $6 = ?$



Ans: 1. Formula
 $1 \times 1 = 1 \times 1 = 1 + 1 = 2$
 $2 \times 2 = 4 \times 2 = 8 + 2 = 10$
 $3 \times 3 = 9 \times 3 = 27 + 3 = 30$
 $4 \times 4 = 16 \times 4 = 64 + 4 = 68$
Therefore, $5 \times 5 = 25 \times 5 =$
 $125 + 5 = 130$
2. $1 \times 1^2 = 1$
 $2 \times 2^2 = 8$
 $3 \times 3^2 = 27$
 $4 \times 4^2 = 64$
 $5 \times 5^2 = 125$
Therefore, $6 \times 6^2 = 216$

Jose Dipu , Edwin Paul S Thekkan,
Doyal Saji (Gr.V-A)

कौन है वो ?

जिसे देता है सारा जहाँ सम्मान,
जो करता है देशों का निर्माण,
जो बनाता है इंसान को इंसान,
जिसे करते है सभी प्रणाम,
जिसकी छाया मे मिलता ज्ञान,
जो कराये सही दिशा की पहचान,
“गुरु” है उसका नाम।

सीमा रवीन्द्रनाथन
अध्यापिका



पल

पलभर की जिंदगी,
पल पल खास,
पलभर की खुशी,
जीने की आस।

प्यासी धरती को
वर्षा की आस
गम के बाद,
खुशी का एहसास।

कुछ पल खुशी के
कुछ पल गम के
कुछ पल ऐसे ही
कैसे बीते याद नहीं।

खजाने में यादों के
बंद कर लो सभी पल,
खुशी की यादें,
सपना सवारेंगी,
गम की यादें,
जीना सीखारेंगी।

दीपा. एम
हिन्दी अध्यापिका



सोच समझ कर करें फैसला

दीपा.एम
हिन्दी अध्यापिका



एक सेलसमैन और क्लर्क अपने मैनेजर के साथ लंच पर जा रहे थे। रास्ते में उन्हें एक चिराग पड़ा हुआ दिखा। चिराग रगड़ने पर उसमें से जिन्न निकला। जिन्न ने तीनों से कुछ इच्छा ज़ाहिर करने को कहा। सेलसमैन अपने काम से सबसे ज्यादा निराश था। और तुरंत ही कुछ बेहतर पाना चाहता था। सबसे पहले बोल उठा, “मुझे विदेश जाकर स्पीड बोट ड्राइव करना है”। बिना किसी की परवाह किया जिन्न ने वरदान दिया, सेलसमैन गायब हो गया। अब क्लर्क ने सेलसमैन कि देखादेखी विदेश में अपना घर माँग लिया और क्लर्क गायब हो गया।

अब बारी आई मैनेजर की, वह सिर्फ अपना काम ठीक से करवाने के बारे में ही सोच रहा था, खुद के बारे में नहीं। उसने जिन्ना से कहा, इन दोनों को लंचब्रेक के बाद दोबारा यहीं काम करने के लिये भेज दो।

सीख: जो काम मिला है, उसे अच्छे से करो। इच्छाएँ सही समय पर पूरी हो जायेंगी। किसी दूसरे की इच्छाओं कि नकल न करो, खुद के सपने देखो, उन्हें पाने की कोशिश करो। साथ ही अपना काम बेहतर तरीके से करने के लिए चुझबुझ से काम लो।



CONVOCATION

Ceremony





'KALEIDOSCOPE OF TALENTS'

A good teacher is like a candle – it consumes itself to “Light the way for others.”



Parents' Day



Never stop exploring.....

Never stop exploring.....



Parents' Sports Day

6th Annual Day Celebration

2014-15

in Carmel Academy

Never stop exploring.....









6th Annual Day Celebration

2014-15

in Carmel Academy

Never stop exploring.....





field trips





P.T.W.A EXECUTIVE COMMITTEE (2014-15)



OUR HELPERS



OFFICE STAFF



TEACHING STAFF



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